



Care and Share Time Bank Services Offered (List Prepared 08Jun2015)

Service Category / Service

Art and Crafts

Art Advice/Conversation
Art Painting
Arts and Crafts
Arts and Crafts For Children
Artwork
Furniture
Gift Wrapping
Jewelry
Knit and Fabric
Modeling

Audio and Video

Audio Recording/Studio
CD Burning
Radio Production
Video Production

Auto/Boat/Bike

Auto Minor Repair or Advice
Auto Purchasing Assistance
Bike Build/Repair/Tuneup
Bike Partner
Boat Partner
Car Wash
Mechanic

Beauty/Cosmetic/Spa

Cosmetologist
Facials
Hair Coloring
Hair Cuts
Henna/Mendi Parties

Business/Office Services

Accounting
Bulk Mailing
Clerical Help
Data Entry/Typing
Facilitate Meetings
Financial Advice-Home or Business
Interview Skills/Employment Coach
Misc. Business/Office
Nonprofit Consultation

Service Category / Service (cont'd)

Office Administration
Office Cleaning
Phone Calling
Planning or Startup Advice
Printing
Shredding Copies
Transcription

Children/Youth

Advice/Training
Childrens Activities
Licensed Child Care
New/Young Mothers' Support
Parenting Support
Supervised Play Dates
Youth Mentor

Classes/Lessons/Tutor

Arts and Crafts Lessons
Board Games
Cooking Lessons
CPR or First Aid Classes
Dance/Exercise/Sports
Home School Support
Language Lessons
Meditation Lessons
Misc. Classes/Lessons
Music Lessons
Musical Instruments Lessons
Outdoor Activities/Sports
Photography Lessons
Poetry/Writing Lessons
Presentations/Workshops
Reading Aloud
Reading Misc.
Reading with Students
Tutor/Coaching

Clintonville Energy Co-op

Site Study

Service Category / Service

Community

Activities/Projects
Advocacy
Pluralism and Diversity
Voter Registration

Computer

Access/Usage/Purchase
Computer Assistance/Advice
Database Design/Assistance
Digital Graphics/Imaging/Photography
Geographic Info System
Internet Research
Misc. Computer
Online Training
Quick Books
Refurbishing/Repair
Set-up/Configuration
Web Hosting
Web Site Design/Development

Construction and Home Repair

Carpentry
Electrical
Electrical - Basic
General Home Repair
Housecleaning
Misc. Construction/Repair
Misc. Service
Odd Jobs/Handy Person
Painting
Plumbing
Property Maintenance

Conversation and Counseling

Conversation
Language Practice Partner
Life Coaching
Listening/Talking
Mediation
Misc. Conversation/ Counsel
Misc. Service

Event

Admission
Art Based Activities
Bartending

Service Category / Service (cont'd)

Decorating
Event General Help
Event/Party Planning
Face Painting
MC
Party Help
Public Speaking
Site Coordination
Ticket Sales
Ushering

Cooking and Foods

Baked Goods
Culinary Guidance
Food Prep
General Cooking
Herbal Teas
Home Brewing and Food Preservation
Juicing
Misc. Cooking
Vegetarian/Vegan/Macro
Wheat and Gluten Free

Design and Decorating

Decorating and Remodeling
Feng Shui
Landscape

Elder and Companionship

Calls to Shut-ins
Direct Home Care
Food Delivery
Holistic Eldercare
Homebound Visits/Companionship
Limited Respite Care
Misc. Elder Care
Reading Homebound

Electronics

Coaching
Setup

Service Category / Service

Entertainment/Performance/Shows

Dance
Entertainment For Children
Misc. Entertainment
Music
Storytelling

Fitness/Outdoor/Nature

Wedding Help/Prep
Activity Partner
Day Trip
Environmental Education
Fishing
Fitness/Exercise Activities
Nature Walks
Sail Crew
Sports

Garden/Yard

Advice/Planning/Design
Compost Advice/Training
Cut/Stack Firewood
Farm Share
Farming
Garden Space
General Garden/Yard
Herb
Installation
Lawn Mowing
Organic Gardening
Plant Care
Produce and Plant Swap
Repotting
Snow Shoveling
Starting Seeds
Weeding
Worm Composting

Health and Wellness

Alternative Health
Assessment
Bodywork
Energy Therapy
Exercise and Fitness
Eye Care
Family Planning
Food and Nutrition

Service Category / Service (cont'd)

General Health Services
Hypnotherapy
Informal Advice/Consult
Massage
Misc. Service
Reflexology
Yoga

Help in the Home

Cleaning
Environmental Housekeeping
Grocery shopping/errands
Helping Hands
Housesitting
Laundry/Ironing
Personal Shopper
Recycling
Yardsale Assistance

Interpreting

French
Spanish/English

Local Exchange Support

Trainings and Meetings

Lodging/Accommodation

Cottage Retreat
Overnight Stay
Rent Room

Marketing and Media

Marketing and Publicity

Miscellaneous

Free Stuff
Item Exchange
Miscellaneous

Moving and Hauling

Hauling
Moving Assistance
Packing Assistance

Service Category / Service

Organize

Clutter/Organizational Management
Files
Home/Work Space
Project Management
Time Management

Personal

Marriages and More

Pet Care

Basic Dog Obedience
Cats and Dogs
Dog Boarding
Dog Walking
Misc. Pet Care
Pet Sitting
Rat Care
Transport to Vet/Groomer

Photography

Business Promotion Photos
Landscape Photography
Misc. Photography
Modeling Shots
Musicians/Performance Photography
Photo Restoration
Photography
Photojournalism
Portrait Photography
Wedding Photography

Rental-Space/Equipment

Equipment/Tools

Sewing

Costumes
Hemming
Mending and Alterations
Sewing
Sewing Lessons

Spirituality/Philosophy

Ceremonies
Dream Work
Meditation

Service Category / Service (cont'd)

Translation

Chinese/English
English/Spanish (Verbal)
German/English
Misc. Translation
Spanish/English

Transportation

Attend Community Event
Deliveries
Drive to/from Airport
Driving Rental Vehicle
Errands / Shopping
Long Distance
Misc. Transportation
Transportation for Medical
Travel Advice

Weatherization

Energy Audits

Writing/Research/Publishing

Creative
Editing
Essays
General Research
Grants
Letter
Misc. Writing/Research
Poetry
Proof Reading
Research Assistant
Resume